My HealtheVet



My HealtheVet is the VA's online Personal Health Record for Veterans, active duty service members, their dependents and caregivers. The resources and tools offer you greater control and understanding over your care and wellness. **My HealtheVet provides trusted health information 24/7**. Having this information at your fingertips can help you make informed decisions about your overall health.

Top Features of My HealtheVet



Pharmacy: Refill your VA prescriptions, track delivery, get shipment notifications, view a list of your VA prescriptions, create medication lists, and other details.



Health Records: View, print, or download information from your VA medical record. Customize and download a report (as a PDF or text file) to share with your VA <u>and</u> non-VA providers. Send an electronic version of your self-entered information in Secure message to your VA health care team. Build your Personal Health Record by entering your personal data you have tracked.



Messages: Communicate securely online with your VA health care team or other VA staff about non-urgent information or questions without using a phone tree or waiting on hold. If you submit your question before noon, on any given day they're open, your team will try to respond before the close of business. If your message is received after 12:00 pm, they try to contact you the same day, but it may be the following morning.



Appointments: Manage your upcoming VA medical appointments and get email reminders. You can check your VA and community care appointment date, time, and type (telephone, video, in-person). You can also add non-VA appointments to the Health Calendar. In addition to Appointments, this area allows you locate any VA facility in the United States, including your nearest in-network community care provider, Urgent Care, or Emergency Room.

To get started on My HealtheVet:

- Log into <u>www.myhealth.va.gov</u>
- Select the "Register" button
- Fill out the required fields and select "Submit"

Other resources on this web site include:

- Benefits
- Community
- Healthy Living
- HealtheLiving Assessment
- Mental Health
- Veterans' Health Library

Use the "Contact" button in the upper-right-hand corner of the screen for help on several topics. You can also call 1.877.327.0022, Monday-Friday, 7:00 a.m. – 7:00 p.m. (Central Time). Or, 1.800.877.8339 (TTY).